



## Competitions:

- Relay on Friday, Classic distance on Saturday and Sprint distance on Sunday
- World Cup competitions (WC) M/W21 Saturday and Sunday,
- Military match Friday, Saturday and Sunday,
- Swedish championships (SM) Saturday
- Swedish Cup (SC) M/W21 and M/W20 Saturday and Sunday,
- DM for MKF Värmland/Örebro län Saturday and Sunday

All three competitions are open for all national and international competitors. In the Swedish and district championships, only competitors who are representing a club registered to the Swedish Multisport Federation (Svenska Mångkampsförbundet, SMKF), can compete for SM- and DM-medals.

Swedish participants, who are competing for a club not within the Swedish Multisport Federation, will, for to be insured at the competitions, be registered in the club "Föreningen Orienteringsskyttarna" (there is no membership fee in that club). Please give your personal number to the competition office.

#### **Competition Centre**

Munkhyttan 7km west of Lindesberg https://maps.app.goo.gl/2evvqe1LttbwHJcz5

#### Map

See "Laser map" of the entire area. See "Old map" of parts of the area 2017 and revised continuously thereafter. Some parts newly drawn in 2024. Mapper is Roger Åsberg.

#### Terrain

Forest land with a small number of roads and paths that are not connected. Active forestry is carried out here, which results in both clearings and dense areas. Moderately hilly with some detailed slopes. There are some parts with strong hillocks.









**Classes and Course lengths** for Orienteering. Location orienteering is not included.

According to rules, organisers will merge classes with too few competitors.

	Friday 24 May	Saturday 25 May	Sunday 26 May		
Class	Relay 2 legs	Classic distance with Loc-OL	Sprint	Difficulty	
M/W 21	30-40 min	45-60 min	18-20 min	Blue	
M/W 21 short <sup>3</sup> )		30-40 min		Blue	
M/W 20		40-55 min	18-20 min	Blue	
M/W 18		35-50 min <sup>4</sup> )	18-20 min	Blue	
M/W 16		30-40 min	18-20 min	Violet	Prone, arm sling, small target
M/W 14		25-30 min <sup>2</sup> ) <sup>4</sup> )	18-20 min	Orange	Prone, shooting support, small target
M/W 12		20-25 min <sup>2</sup> ) <sup>4</sup> )	18-20 min	Yellow	Prone, shooting support, big target
M/W 10		20-25 min <sup>4</sup> )	18-20 min	White	Prone, shooting support, big target
M/W 35		40-55 min	18-20 min	Blue	
M/W 40		35-50 min	18-20 min	Blue	
M/W 45		35-50 min	18-20 min	Blue	
M/W 50		35-50 min	18-20 min	Blue	
M/W 55		30-45 min	18-20 min	Blue	
M/W 60		30-40 min	18-20 min	Blue	
M/W 65		25-35 min	18-20 min	Blue	
M/W 70		25-35 min	18-20 min	Blue	
M/W75		25-35 min	18-20 min	Blue	
Open relay <sup>3</sup> )	25-30 min			Blue	
Open try short <sup>1</sup> ) <sup>3</sup> )		20-25 min <sup>2</sup> )	18-20 min	Yellow	Electronic weapon
Open try long <sup>1</sup> ) <sup>3</sup> )		30-40 min	18-20 min	Violet	Electronic weapon

- 1) Shooting with electronic weapon that is on site.
- <sup>2</sup>) Location orienteering is shorter and not as complex.
- <sup>.3</sup>) Open and short classes is not included in Swedish championships.
- <sup>4</sup>) Not included in Swedish championships.









## Punching system

SportIdent, State Si Card number when registrating.

#### 24 May, Relay

Adjustment shooting on Paper target starting at 3 p.m. First start at 5 p.m.

#### 25 May, Classic distance

Adjustment shooting on Paper target starting at 9 a.m. First start at 11 a.m.

## 26 May, Sprint distance

Adjustment shooting on Paper target starting at 9 a.m. First start at 11 a.m.

#### Rental weapons

Will be available (limited numbers) state need in registration. Fee 100 SEK/day (weapon + 50 shots)

#### **Accommodation**

See "Accomodation Uskavi"

## Companion meal whith dessert and award ceremony

Will be held at Uskavi, same place at accommodation, Saturday evening 7 p.m. Companion meal is booked in Eventor or in the "Registration document".

#### Fees

Relay 500 SEK per Team M/W18 and older Classic and Sprint 275 SEK, Others 175 SEK Open try on Classic and Sprint 17 old or older 275 SEK, Others 175 SEK

If you don't have an SI card, you can rent one for 20 SEK/day. (Lost SI-card will be charged with 500 SEK.) Swedish clubs are invoiced.

Fees to be paid upon arrival or to:

IBAN: SE08 8000 0845 2599 3820 7512

BIC-kod: SWEDSESS Account owner: OK Tisaren

SWISH-NUMBER: 1232956993 BANKGIRO 290-8101









#### Registration

Ordinary fee until Sunday 19 may at 24 p.m.
Competitors representing a Swedish club through Eventor.
Competitors not representing a Swedish club can register via email:
olskytteoktisaren@gmail.com
use the "Registration document".

**Late registration:** No later than Tuesday 22 May at a 50 % increase fee by email to olskytteoktisaren@gmail.com or Eventor.

**PM and Startlist:** at the arena and on Eventor.

#### **Organizers**

Function	Name	Phone	Email	Language		
Competition leader	Reinert Hallor	+46 706 046 145	reinert.hallor@gmail.com			
Vice competition leader	Paavo Ylikiiskilä	+46 708 915 640	paavo.ylikiiskila@telia.com			
Shooting leader	Hans Mandahl	+46 705 271 832	mandahl.hans@gmail.com			
Course setters						
Free orienteering	Klas Thybeck, Annika Brodin, Susanne Hellsing (Lindebygdens OK)					
Location orienteering	Mikael Pihel (OK Tisaren)					



Welcome!



